



**PONAGANSET HIGH SCHOOL**  
START HERE. GO BIG!

# **Junior Parent Session**

**Post  
Secondary  
Planning**



**Options**  
Just Ahead

# Ponaganset School Counselors

**Mrs. Rhonda Dion**

**Mr. Alexander MacLeod**

**Mrs. Linda Murphy**

**Mrs. Amy DelSignore- Grade 9 Counselor**

**Karyn Sarkis - Director of Student Services  
Grades 6-12**

**Dr. Lynne Bedard- Career Counselor**

**Caitlin Paquin- Secretary**

# PHS Graduation Requirements

- **4 credits English**
- **4 credits Math**  
*(min of Algebra II required for 4 year college acceptance)*
- **3 credits Science**  
*(min of 2 lab sciences required for college admission;  
Bio/Chem; Physics required for Engineering/PT/Nursing)*
- **3 credits Social Studies**
- **2 credits Phys Ed/Health**

# PHS Graduation Requirements

- **.50 credit in Fine Arts**  
*(Chorus, Band, or Art)*
- **5.5 credits in additional electives**  
**2 Years minimum of the SAME World Language**  
*(required for 4 year college acceptance; 3 recommended)*
- **Successful completion of**  
**Digital portfolio and Senior Passion Project**

**Total number credits for Graduation: 22 total**  
**18 CORE ACADEMIC CREDITS**  
**required for 4 year college acceptance**

# Relevant Senior Schedule

- Selection of courses for senior year takes place in January.
- It is important to choose **appropriately challenging** courses.
- No matter what your child's post high school plans, the high school transcript will be viewed.
- It is highly discouraged to drop a class after the add/drop period in the senior year...only under extenuating circumstances with administration's approval.
- A "W" withdrawn will show up on the transcript.

# GPA - Grade Point Average

- The GPA includes all classes- except those outside of the 7 credits.
- We report on the weighted GPA to colleges
- Our transcript includes both simple and weighted GPA
- Honors Level and AP courses hold an extra weight in the GPA
- **Cumulative GPAs are calculated every SEMESTER.**
  - **Therefore, the GPA your child earns at the end of Junior year will essentially be the GPA that appears on college applications.**

*TIP: Keep  
GPA/Test Scores  
private*

# Dual Enrollment Opportunities

## **CCRI Running Start Program**

- Complete senior year of high school and freshman year of college at the same time
- No fee to attend. School district pays for books
- Deadline April 15
- 3.0 High School GPA
- PSAT/SAT above 410 in Reading/Writing and 411 in Math
- If no PSAT/SAT scores, must score college ready in Reading, Writing and Math on Accuplacer

<https://www.ccri.edu/oes/admissions/partnerships/runningstart.html>

# PrepareRI

## Internship Program for High School Juniors

Start building your future through an Internship Program which provides paid summer work-based learning connecting school and work.

**Earn** - Interns are paid \$12.00/hr, earn college credits.

**Learn** - Learn critical work readiness skills, explore skills and careers and learn workplace expectations.

**Connect** - Make connections with top RI employers and peers. Jump start your career and start building your resume.

**PHS will inform all juniors and their parents of any scheduled meetings and provide information as it becomes available, which should be soon!**

<https://skillsforri.com/prepareri-high-school-internship-program>



# Post Secondary Options

- **Employment/Work Force**
- **Technical and Vocational Education**
- **Apprenticeship Training Programs**
- **Trades**
- **Armed Forces (Active/Reserves)**
- **Military Academies/ROTC**
- **Community College/Junior College**
- **Colleges and Universities**
- **Post Graduate Year (GAP)**

# Resources

- **Counselors, Career Coordinator**
- **Teachers**
- **College Websites, Campus Visits**
- **College Fairs**
- **College Representative visits to PHS**
- **College Planning Center of Rhode Island (Financial Aid).**
- **Military Recruiter Visits**
- **Visits from various Trades & Vocational Reps**

# CCRI

[www.ccri.edu](http://www.ccri.edu)

- Open Enrollment School
- Extensive Program Choices
- Offers 90+ Associate Degree and certificate programs
- 7 Academic or Career Paths for streamlining education
- Affordable Tuition and Financial Aid Opportunities
- **Rhode Island Promise Scholarship** - tuition for 2022 Graduates is FREE for Semester 1 and contingent on maintaining a 2.5 GPA
- Opportunity to Transfer to RIC and URI (**JAA Program**)
  - Offers 70+ Transfer Agreements with various Colleges and Universities
- Athletic Programs & 28 Clubs
- 4 Convenient Locations and Flexible Schedules  
Warwick   Lincoln   Newport   Providence

# **CCRI JAA**

## **(JOINT ADMISSIONS AGREEMENT)**

- **Students interested in earning a bachelor's degree from RIC or URI may choose to participate in JAA**
- **Participants earn an associate degree in general studies (within 5 years)**
- **Have access to academic advising from CCRI and RIC or URI**
- **Over 70 transition plans to choose from through RIC, URI, JWU, PC, Bryant, etc..**
- **Transfer 60 credits that apply to a bachelor's degree at RIC or URI**
- **Be eligible for tuition reduction by earning a 3.0 GPA or higher**
- **Save money through waived application fees**

# Military



# MILITARY RECRUITMENT CONTACTS

Students interested in the Armed Forces should talk to a recruiter

## U.S. Navy

Petty Officer Ryan Joy  
47 Eagle Street Suite 107  
Providence, Rhode Island 02909  
272-4073

## U.S. Marine Corps

Staff Sgt. Gonzalez  
1551 Diamond Hill Rd, Woonsocket RI 02895  
671-2929

## U.S. Air Force

SSgt. Sean Preece  
47 Eagle Street Providence, RI 02909  
603-988-9413

## Army National Guard

Sgt. Bickens  
Weybosset Street, Providence  
861-1095

## Air National Guard

TSgt. Hernandez  
1235 Oaklawn Ave. Cranston RI  
401-639-2568

## U.S. Coast Guard

MP02 Chelsie Sandoval  
47 Eagle Street STE 105  
Providence, Rhode Island 02909-1055  
(401) 421-1291  
MP02 Chelsie Sandoval  
[ARL-DG-CGRC-ROProvidence@uscg.mil](mailto:ARL-DG-CGRC-ROProvidence@uscg.mil)

## U.S. Army

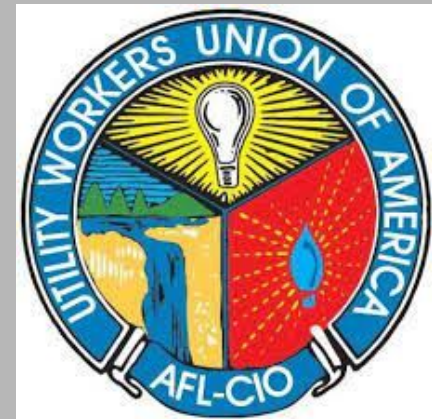
Sfc Diego Chavarria  
1551 Diamond Hill Road, Woonsocket, RI 02895  
(401) 766-4883

# MILITARY

- **ASVAB: Armed Services Vocational Aptitude Battery**
  - Students can study and be prepared to take the ASVAB
  - Free practice exams can be found at [www.asvab.com](http://www.asvab.com)
  - Ponaganset hosts ASVAB in the Fall and Spring
  - Scores determine the jobs available to the student once recruited



# Trades





# LOCAL TECHNICAL SCHOOLS

- **NE Tech (Warwick Campus and East Greenwich Campus)**
  - 41 Assoc. Degree Programs      19 Bachelors Degrees 4 Masters Degrees
- **UTI (Norwood, MA):** Auto, Collision Repair, Diesel, Marine, Motorcycle, NASCAR, CNC Machining, Welding
- **MTTI (Seekonk, MA):** Auto, Building, Computer, HVAC, Marine, Medical Asst., Motorcycle, Pers. Fitness
- **Lincoln Tech (Lincoln, RI):** Dental Assistant, Massage Therapy, Medical Assistant, Practical Nursing
- **Cosmetology**
  - Michael K. Galvin Institute (Cranston)
  - Empire Beauty School (Providence)
  - Toni and Guy (Cranston)
- **IYRS School of Technology and Trade (Newport Campus and Bristol Campus)**
  - School of Boatbuilding and Restoration
  - School of Composites Technology
  - School of Marine Systems

# LOCAL UNIONS & HOW TO CONNECT

## **IEOE Local 57**

### **International Union of Operating Engineers**

- Apprenticeship and Training
- 857 Central Avenue  
Johnston, RI 02919
- (401)421- 6678
- Please check the  
Apprenticeship and  
Training Page for dates to  
upcoming classes
- [www.iuoelocal57.org](http://www.iuoelocal57.org)

## **IEOE Training and Apprenticeship Video**

- <https://www.youtube.com/watch?v=GCUbVFX9KjI>
- Intro to the job and training:
  - <https://www.youtube.com/watch?v=NXK8mAE0IN0>

# LOCAL UNIONS & HOW TO CONNECT

## UA Local 51

- (Plumbing and Pipefitter's Union)  
East Providence RI
- **Training/Apprentice Coordinator**  
Training Center:  
401-943-7301
- <http://www.ualocal51.com/index.aspx#mid>

## LI LUNA

- Local 271
- 410 South Main Street  
Providence, RI  
02903  
401-331-9682
- <https://www.liuna.org/>

# LOCAL UNIONS & HOW TO CONNECT

## **IBEW Local 99 (Electrical Workers)**

- **First and Third Wednesdays of every month from 8:00am to 3:30pm**
- **40 Western Industrial Drive**
- **Cranston, RI 02921**
- **(401) 946-9908**
- **Applications are also available online**
- **<http://ibew99.org/apprenticeship>**

# Alternatives: Gap Year/ Study Abroad/ Volunteer/ Other/ Internship Programs

- Thinking Beyond Borders

- Dynamy Internship Program

- Semester at Sea

- City Year

- AmeriCorps

- Outward Bound

- AFS Intercultural Program

- Habitat for Humanity

# DIRECTLY TO WORK

- Some students want to go straight to work after graduation
- We recommend students receive appropriate training in the work fields (such as a trade school, obtaining certification in an area, union apprenticeships, etc...)
- But... we know this is not always feasible or wanted
- The Rhode Island Department of Labor and Training has a great website for Rhode Islanders looking to find work.
  - Please visit :  
<http://www.dlt.state.ri.us/jobseeker.htm>

# Internships & Shadow Days

Students are able to pursue a Shadow Day or potentially an Internship at a job site they are interested in pursuing as a post-secondary direction.

This is a great opportunity for students to “try on” and gain a deeper understanding of career clusters they might be interested in.

Students should contact Dr. Bedard if interested.

Dr. Lynne Bedard - School Based Coordinator

[lbedard@fgschools.com](mailto:lbedard@fgschools.com)

The background of the image is a dense, textured field of three-dimensional green question marks. The question marks are rendered with a slight 3D effect, showing shadows and highlights that give them a sense of depth and volume. They are packed closely together, creating a complex, almost abstract pattern of green shapes. Overlaid on this background is the word "QUESTIONS" in a large, white, serif typeface. The letters are bold and have a classic, slightly ornate design. The word is centered horizontally and vertically, making it the focal point of the image. The contrast between the white text and the green background is sharp, ensuring the word is easily legible. The overall composition is simple yet visually striking due to the unique texture of the question marks.

QUESTIONS