



Health & Fitness/EMT Pathway

Ponaganset High School offers a full array of academic and Advanced Placement courses with a deep commitment to developing the whole child. The school sits on 100+ acres and features cutting-edge facilities and equipment. We provide a collaborative, relevant and personalized education supported by 1:1 technology that purposefully prepares students for college and careers. Ponaganset is accredited by NEASC, a member of the League of Innovative Schools, and an XQ Super School.

Seeking Highly Motivated Students who Want to Pursue Their Interests and Passions



PATHWAY COURSES:

- Health & Fitness Careers I
- Health & Fitness Careers II
- Health & Fitness Careers III
- Health & Fitness Careers IV*

*College credit available

RECOMMENDED COURSES:

- History of Sports in America
- Sports Marketing and Management
- Strength & Conditioning
- Anatomy & Physiology
- AP Biology
- AP Chemistry
- Spanish III & IV for Medical Careers

CERTIFICATIONS:

- Basic Emergency Medical Technician
- RI Coaching
- First Aid, CPR & AED
- Concussions
- Heat Acclimation

Are you interested in a high-quality academic education combined with a meaningful career pathway that provides each student a laptop to enhance learning?

The Health & Fitness/EMT Pathway curriculum has been aligned to RI and National Health & Physical Education standards as well as the National Emergency Medical Services Educational standards. Course curriculum addresses all skills and knowledge needed to be prepared for entry-level work. Completion of this pathway will result in the Emergency Medical Technician Basic Certification.

Students in this pathway will be provided with hands-on opportunities to learn and demonstrate proficiency through labs and skills assessments. Students will also have internship and job shadowing opportunities for authentic work experiences. Students will:

- explore health and fitness related careers
- learn community health & wellness
- learn basic knowledge, application, and skills of an emergency medical responder
- gain field experience at local Fire Departments

PLEASE NOTE: Our pathway courses, credits, certifications, etc. are continuously improving and changing. For complete up-to-date information, please visit www.fg.k12.ri.us/pathways.

Out-of-district students can apply to attend Ponaganset by visiting our website at www.fg.k12.ri.us/apply. You may also email admissions@fgschools.com.

Tuition is provided by sending districts for accepted students. Transportation is also provided to students from Coventry, East Greenwich, Scituate, Warwick and West Warwick. Limited transportation is provided to other towns via centralized bus stops.

Career Opportunities:

- Emergency Medical Technician
- Paramedic
- Nurse
- Physical Therapist
- Coach
- Personal Trainer
- Athletic Trainer

Cutting-Edge Equipment:

- MANIKEN®
- Professional Grade Cardio & Weight Equipment
- Simulation Equipment

Major Projects/Activities:

- Candidate Physical Agility Test
- CPR, First Aid & AED Certification
- Complete a BCI report
- Preparation for the National Registry of Emergency Medical Technicians Examination



Start here. Go big!® Out-of-district students apply online: www.fg.k12.ri.us/apply

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